

BACK TO SCHOOL

HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

August 2017

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday – Jul. 31	Tuesday - 1	Wednesday - 2	Thursday - 3	Friday - 4
Registration Day NO STUDENTS	Teacher Inservice NO STUDENTS	Teacher Inservice NO STUDENTS	Chocolate/ Chocolate Chip Muffin Cereal	Biscuit Gravy Cereal
Monday - 7	Tuesday - 8	Wednesday - 9	Thursday - 10	Friday - 11
Sausage and Pancake on a Stick Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken (5) Cereal	Biscuit Scrambled Egg Cereal	Funnel Cake Waffle Cereal
Monday - 14	Tuesday - 15	Wednesday - 16	Thursday - 17	Friday - 18
Chicken Biscuit Cereal	Eggo Mini Waffles Cereal	Breakfast Sausage Pizza Cereal	Sausage Biscuit Cereal	Chicken Rings (3) Cereal
Monday - 21	Tuesday - 22	Wednesday - 23	Thursday - 24	Friday - 25
Pop-Tart TRIX Yogurt Cereal	Ham and Cheese on a Croissant Cereal	Mini Pancakes Popcorn Chicken (5) Cereal	Cinnamon Roll Cereal	Biscuit Gravy Cereal
Monday - 28	Tuesday – 29	Wednesday – 30	Thursday – 31	Friday – Sept. 1
Sausage Breakfast Bites Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken (5) Cereal	Egg and Cheese Biscuit Cereal	Funnel Cake Waffle Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

- 1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)
- 1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met
- 1 cup Fruit daily (5 cups weekly)
- 1 cup Milk daily (5 cups per week)

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

