



HARDIN COUNTY SCHOOLS - ELEMENTARY LUNCH MENU

August 2017

Peanut Butter & Jelly Uncrustable Mini Tiger Paw Pak and Chef or Entree Salad offered everyday as an entrée choice.

7	8	9	10	11
Popcorn Chicken Sister Schubert Roll Grilled Cheese Sandwich Tiny Triangle Potatoes Glazed Baby Carrots Applesauce Orange Wedges Choice of Milk	Country Style Chicken with Gravy/Roll Stuffed Crust Cheese or Pepperoni Pizza Wedge Broccoli with Cheese Mashed Potatoes Watermelon 100% Frozen Fruit Juice Ice Dog Choice of Milk	Fish Scroodles Sweet Corn Hushpuppies Cheeseburger on a Bun Lettuce, Tomato, Onion and Pickle White Beans Coleslaw Crinkle Cut French Fries Banana Mandarin Oranges Choice of Milk	Pizza Max Sticks with Marinara Sauce Soft Shell Taco Cheese, Lettuce & Tomato Cheesy Refried Beans Tomatoes Whole Kernel Corn Apple Wedges Cantaloupe Choice of Milk	Baked Ziti Cheesy Garlic Breadstick Mini Corndogs Sidewinder Potatoes Tossed Salad Grapes Pears Choice of Milk
14	15	16	17	18
Doritos Taco Cheese, Lettuce & Tomato Popcorn Chicken Sister Schubert Roll Baked Sweet Potato with Brown Sugar/ Cinnamon Whole Kernel Corn Apple Wedges Mandarin Oranges Choice of Milk	Steak and Gravy Sister Schubert Roll Hot Dog on a Bun Mashed Potatoes with Gravy Green Peas Tomatoes Watermelon 100% Frozen Fruit Juice Sidekick Choice of Milk	Oven Baked Breaded Chicken Southern Style Biscuit State Fair Corndog Tossed Salad Baked Potato Broccoli with Cheese Strawberries and Bananas Peaches Choice of Milk	Chicken Fajitas on Soft Shell Tortilla Cheese, Lettuce, Tomato & Salsa Grilled Cheese Sandwich Tiny Triangle Potatoes Crunchy Romaine Salad Green Beans Banana Cantaloupe Raisins or Raisels Choice of Milk	The Max 4x6 Cheese or Pepperoni Pizza Pulled Pork Barbecue on a Bun Coleslaw Baked Beans BBQ Sidewinder Potatoes Strawberry Applesauce Grapes Choice of Milk
21	22	23	24	25
Grilled Chicken Sandwich BBQ Nachos Purple Hull Peas Whole Kernel Corn Tossed Salad Mandarin Oranges Apple Wedges Choice of Milk	Crispito with Cheese Mexican Rice Chicken Rings Sister Schubert Roll Tiny Triangle Potatoes Glazed Baby Carrots Watermelon 100% Frozen Fruit Juice Ice Dog Choice of Milk	Tony's Pepperoni or the Max Cheese Pizza Wedge Breaded Chicken Sandwich on a Bun Lettuce, Tomato, Onion and Pickle Broccoli with Cheese Crunch Baby Carrots Hashbrown Casserole Banana Strawberries Choice of Milk	Spaghetti with Meat Sauce and Breadstick Chicken and Cheese Quesadilla Tossed Salad Green Beans Tropical Apples Orange Wedges Peaches Choice of Milk	3 Cheese Macaroni Mania Cheesy Garlic Breadstick Hamburger on a Bun Lettuce, Tomato, Onion and Pickle Hash Rounds Fresh Veggies Pineapple Chunks Grapes Choice of Milk
28	29	30	31	Sept. 1
Popcorn Chicken Sister Schubert Roll Sloppy Joe Sliders Tiny Triangle Potatoes Glazed Baby Carrots Applesauce Orange Wedges Choice of Milk	Poppy Seed Chicken Sister Schubert Roll Stuffed Crust Cheese or Pepperoni Pizza Wedge Broccoli with Cheese Mashed Potatoes Watermelon 100% Frozen Fruit Juice Ice Dog Choice of Milk	Fish Scroodles Sweet Corn Hushpuppies Cheeseburger on a Bun Lettuce, Tomato, Onion and Pickle White Beans Coleslaw Crinkle Cut French Fries Banana Mandarin Oranges Choice of Milk	Pizza Max Sticks with Marinara Sauce Soft Shell Taco Cheese, Lettuce & Tomato Cheesy Refried Beans Tomatoes Whole Kernel Corn Apple Wedges Cantaloupe Choice of Milk	Pizza Casserole Cheesy Garlic Breadstick Mini Corndogs Sidewinder Potatoes Tossed Salad Grapes Pears Choice of Milk

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August 2017

Monday - July 31	Tuesday - 1	Wednesday - 2	Thursday - 3	Friday - 4
Registration Day NO STUDENTS	Teacher Inservice NO STUDENTS	Teacher Inservice NO STUDENTS	Spaghetti with Meat Sauce and Breadstick	3 Cheese Macaroni Mania Cheesy Garlic Breadstick
			or	or
			Chicken and Cheese Quesadilla	Hamburger on a Bun
			or	or
			Grilled Chicken Salad	Chef Salad
			or	or
			PB & J Mini Tiger Paw Pak	PB & J Mini Tiger Paw Pak
			1 cup Tossed Salad	Lettuce, Tomato, Onion and Pickle
			1/2 cup Green Beans	1/2 cup Fresh Veggies
			1/2 cup Crunchy Baby Carrots	1/2 cup Hash Round Potatoes
			1/2 cup Tropical Apples	1/2 cup Purple Hull Peas 1/2 cup Pineapple Chunks
			1/2 cup Watermelon	1/2 cup Grapes
1/2 cup Peaches	1/2 pint milk			
1/2 pint milk	1/2 pint milk			

Lunch Meal Pattern

- 1 oz. meat/meat alternate daily (8 oz. minimum per week)
- 1 oz. equivalent grain daily (8 oz. eq. minimum per week)
- 3/4 cup of vegetable daily (3 3/4 cups per week)
- 1/2 cup of fruit daily (2 1/2 cups per week)
- 1 cup milk daily (5 cups per week)

4 oz. 100% Fruit Juice offered Tuesday and Thursday as a fruit choice

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

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