



Happy Halloween



HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

October 2017

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday - 2	Tuesday - 3	Wednesday - 4	Thursday - 5	Friday - 6
Pop-Tart TRIX Yogurt Cereal	Ham and Cheese on a Croissant Cereal	Mini Pancakes Popcorn Chicken Cereal	Chocolate/Chocolate Chip Muffin Cereal	Biscuit Gravy Cereal
Monday - 9	Tuesday - 10	Wednesday - 11	Thursday - 12	Friday - 13
FALL BREAK No School	FALL BREAK No School	TEACHER INSERVICE No School for Students	Egg and Cheese Biscuit Cereal	Funnel Cake Waffle Cereal
Monday - 16	Tuesday - 17	Wednesday - 18	Thursday - 19	Friday - 20
Chicken Biscuit Cereal	Cinnamon Glazed French Toast Sticks Cereal	Breakfast Sausage Pizza Cereal	Sausage Biscuit Cereal	Chicken Rings Cereal
Monday - 23	Tuesday - 24	Wednesday - 25	Thursday - 26	Friday - 27
Pop-Tart TRIX Yogurt Cereal	Ham and Cheese on a Croissant Cereal	Mini Pancakes Popcorn Chicken Cereal	Cinnamon Roll Cereal	Biscuit Gravy Cereal
Monday - 30	Tuesday - 31	Wednesday - Nov. 1	Thursday - Nov. 2	Friday - Nov. 3
Sausage and Pancake on a Stick Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken Cereal	Biscuit Scrambled Egg Cereal	Funnel Cake Waffle Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)

1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met

1 cup Fruit daily (5 cups weekly)

1 cup Milk daily (5 cups per week)

Milk Choices:

1/2 pint lowfat (1%) white milk

1/2 pint fat free 0% white milk

1/2 pint fat free 0% chocolate milk

1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

