



HAPPY HALLOWEEN!

HARDIN COUNTY SCHOOLS - PRESCHOOL BREAKFAST MENU

October 2017

Monday - 2	Tuesday - 3	Wednesday - 4	Thursday - 5	Friday - 6
Biscuit 100% Fruit Juice	Ham and Cheese on a Croissant Fruit	Mini Pancakes 100% Fruit Juice	Cereal Fruit	Biscuit Gravy 100% Fruit Juice
Monday - 9	Tuesday - 10	Wednesday - 11	Thursday - 12	Friday - 13
FALL BREAK No School	FALL BREAK No School	TEACHER INSERVICE No School for Students	Egg and Cheese Biscuit Fruit	Cereal 100% Fruit Juice
Monday - 16	Tuesday - 17	Wednesday - 18	Thursday - 19	Friday - 20
Breaded Chicken Patty Biscuit 100% Fruit Juice	Cereal Fruit	Breakfast Sausage Pizza or Cereal 100% Fruit Juice	Pork Sausage Patty Biscuit Fruit	Chicken Rings or Cereal 100% Fruit Juice
Monday - 23	Tuesday - 24	Wednesday - 25	Thursday - 26	Friday - 27
Biscuit 100% Fruit Juice	Ham and Cheese on a Croissant Fruit	Mini Pancakes 100% Fruit Juice	Cereal Fruit	Biscuit Gravy 100% Fruit Juice
Monday - 30	Tuesday - 31	Wednesday - Nov. 1	Thursday - Nov. 2	Friday - Nov. 3
Sausage and Pancake on a Stick or Cereal 100% Fruit Juice	Pork Sausage Patty Biscuit Fruit	Popcorn Chicken or Cereal 100% Fruit Juice	Scrambled Egg Biscuit Fruit	Cereal 100% Fruit Juice

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

PK Breakfast Meal Pattern

1 oz. equivalent Grains/Breads daily (minimum 5 oz. eq. per week)

1 oz. Meat/Meat Alternate may be used to meet the entire grains requirement at maximum

1/2 cup Fruit daily (2 1/2 cups weekly)

6 fl. oz. Milk daily (3 3/4 cups minimum per week)

Milk Choices:

1/2 pint lowfat (1%) white milk

1/2 pint fat free (0%) white milk

This institution is an equal opportunity provider.

