



## HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

April 2018

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday – 2	Tuesday – 3	Wednesday – 4	Thursday – 5	Friday – 6
<i>Spring Break – No School</i>				
Monday – 9	Tuesday - 10	Wednesday - 11	Thursday - 12	Friday - 13
Cinnamon Glazed French Toast Sticks Cereal	Ham and Cheese on a Croissant Cereal	Biscuit Scrambled Egg Cereal	Cheese Stuffed Breadstick Cereal	Biscuit Gravy Cereal
Monday - 16	Tuesday - 17	Wednesday - 18	Thursday - 19	Friday - 20
Chicken Biscuit Cereal	Eggo Mini Waffles Cereal	Breakfast Sausage Pizza Cereal	Cinnamon Roll Cereal	Chicken Rings Cereal
Monday - 23	Tuesday - 24	Wednesday - 25	Thursday - 26	Friday – 27
Sausage Breakfast Bites Cereal	Sausage Biscuit Cereal	Ham and Cheese on a Croissant Cereal	Egg and Cheese Biscuit Cereal	Eggo Mini Blueberry Pancakes Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

**Breakfast Meal Pattern**

- 1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)
- 1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met
- 1 cup Fruit daily (5 cups weekly)
- 1 cup Milk daily (5 cups per week)

**Milk Choices:**

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

