

# Have a great SUMMER!



## HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU May 2018

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday – Apr. 30	Tuesday – 1	Wednesday – 2	Thursday – 3	Friday – 4
Cinnamon Glazed French Toast Sticks Cereal	Ham and Cheese on a Croissant Cereal	Biscuit Scrambled Egg Cereal	Manager's Choice Cereal	Biscuit Gravy Cereal
Monday – 7	Tuesday - 8	Wednesday - 9	Thursday - 10	Friday - 11
Manager's Choice Cereal	Manager's Choice Cereal	Breakfast Sausage Pizza Cereal	Manager's Choice Cereal	Chicken Rings Cereal
Monday - 14	Tuesday - 15	Wednesday - 16	Thursday - 17	Friday - 18
Manager's Choice Cereal	Manager's Choice Cereal	Manager's Choice Cereal	Manager's Choice Cereal	Manager's Choice

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

### Breakfast Meal Pattern

- 1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)
- 1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met
- 1 cup Fruit daily (5 cups weekly)
- 1 cup Milk daily (5 cups per week)

### Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

