

HARDIN COUNTY HIGH SCHOOL MENU

Entrée Bar- Week 1

May 14, 2018	May 15, 2018	May 16, 2018	May 17, 2018	May 18, 2018
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Popcorn Chicken	Managers Choice	Managers Choice	Managers Choice	Managers Choice
Sister Schubert Roll				
Smokey BBQ Sidewinders				
Baked Potato				
Broccoli with Cheese				
Tossed Salad				
Ranch Dressing				
1000 Island Dressing				
Grapes				
Raisels, Dried Cranberries, Applesauce Cup, Tropical Mixed Fruit Cup, Pineapple Cup, Orange, and Banana offered most everyday.				

Lunch Meal Pattern

- 2 oz. meat/meat alternate daily (10 oz. minimum per week)
- 2 oz. equivalent grain daily (10 oz. eq. minimum per week)
- 1 cup of vegetable daily (5 cups per week)
- 1 cup of fruit daily (5 cups per week)
- 1 cup milk daily (5 cups per week)

- 4 oz. 100% Fruit Juice and
- 1/2 cup 100% Frozen Fruit Juice
- Sidekick and Ice Dog
- offered everyday as a fruit choice

Milk Choices:

- 1/2 pint lowfat 1% white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider

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Sandwich Station

Sandwich Station				
May 14, 2018	May 15, 2018	May 16, 2018	May 17, 2018	May 18, 2018
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hamburger	Managers Choice	Managers Choice	Managers Choice	Managers Choice
Breaded Chicken Sandwich				
Deli Turkey Sandwich				
Mini Paw Pack				
Smokey BBQ Sidewinders				
Broccoli with Cheese				
Fresh Apples, Oranges and Bananas				
Diced Peaches				
Diced Strawberries				
Shredded Lettuce				
Sliced Tomatoes				
Sliced Onions				
Hamburger Dill Pickles				
Raisels, Dried Cranberries, Applesauce Cup, Tropical Mixed Fruit Cup, Pineapple Cup, Orange, and Banana offered most everyday.				

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Mexican Bar

May 14, 2018	May 15, 2018	May 16, 2018	May 17, 2018	May 18, 2018
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soft Shell Tortilla	Managers Choice	Managers Choice	Managers Choice	Managers Choice
Chicken Fajita				
Cheese Sauce				
Mexican Rice				
Tossed Salad Mix				
Diced Tomatoes				
Diced Green Peppers				
Diced Red Peppers				
Diced Onions				
Sliced Black Olives				
Salsa (2)				
Sour Cream (2)				
Sliced Jalapeno Peppers				
Fresh Fruit				
Canned Fruit				
Honey Mustard Dressing				
Ranch Dressing				
1000 Island Dressing				
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Pizza Bars

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Pizza Bars				
May 14, 2018	May 15, 2018	May 16, 2018	May 17, 2018	May 18, 2018
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pizza Max Sticks	Managers Choice	Managers Choice	Managers Choice	Managers Choice
Cheese Pizza Wedge				
Smokey BBQ Sidewinders				
Tomatoes				
Grapes				
Tossed Salad				
Ranch Dressing				
1000 Island Dressing				
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