



Have a Great  
Summer



## HARDIN COUNTY SCHOOLS - PRESCHOOL BREAKFAST MENU

May 2018

1/2 pint milk offered each day

Monday – April 30	Tuesday - 1	Wednesday - 2	Thursday - 3	Friday - 4
Cinnamon Glazed French Toast Sticks 100% Fruit Juice	Cereal Fruit	Scrambled Egg Biscuit 100% Fruit Juice	Manager's Choice Fruit	Biscuit Gravy 100% Fruit Juice
Monday – 7	Tuesday - 8	Wednesday - 9	Thursday - 10	Friday - 11
Manager's Choice 100% Fruit Juice	Cereal Fruit	Breakfast Sausage Pizza or Cereal 100% Fruit Juice	Manager's Choice Fruit	Chicken Rings or Cereal 100% Fruit Juice
Monday - 14	Tuesday - 15	Wednesday - 16	Thursday - 17	Friday - 18
Manager's Choice 100% Fruit Juice	Manager's Choice Fruit	Manager's Choice 100% Fruit Juice	Manager's Choice Fruit	Manager's Choice 100% Fruit Juice

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each week on Tuesday and Thursday.

PK Breakfast Meal Pattern

1 oz. equivalent Grains/Breads daily (minimum 5 oz. eq. per week)

1 oz. Meat/Meat Alternate may be used to meet the entire grains requirement at maximum

1/2 cup Fruit daily (2 1/2 cups weekly)

6 fl. oz. Milk daily (3 3/4 cups minimum per week)

Milk Choices:

1/2 pint lowfat (1%) white milk

1/2 pint fat free (0%) white milk

This institution is an equal opportunity provider.

