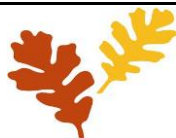



Happy Thanksgiving

HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

November 2018

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

			Thursday -1	Friday -2
			Pop-Tart TRIX Yogurt Cereal	Biscuit Gravy Cereal
Monday - 5	Tuesday - 6	Wednesday - 7	Thursday - 8	Friday - 9
Chicken Biscuit Cereal	Eggo Blueberry Mini Pancakes Cereal	Breakfast Sausage Pizza Cereal	Cinnamon Roll Cereal	Oatmeal Chicken Rings Cereal
Monday - 12	Tuesday - 13	Wednesday - 14	Thursday - 15	Friday - 16
Sausage Breakfast Bites Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken Cereal	Egg and Cheese Biscuit Cereal	Funnel Cake Waffle Cereal
Thanksgiving Break November 19 -23 NO SCHOOL				
Monday - 26	Tuesday - 27	Wednesday - 28	Thursday - 29	Friday - 30
Cinnamon Glazed French Toast Sticks Cereal	Ham and Cheese on a Croissant Cereal	Biscuit Scrambled Egg Cereal	Pop-Tart TRIX Yogurt Cereal	Biscuit Gravy Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

- 1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)
- 1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met
- 1 cup Fruit daily (5 cups weekly)
- 1 cup Milk daily (5 cups per week)

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

