



Happy Valentine's Day



HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

February 2019

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday - 4	Tuesday - 5	Wednesday - 6	Thursday - 7	Friday - 8
Sausage and Pancake on a Stick Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken Cereal	Egg and Cheese Biscuit Cereal	Eggo Confetti Mini Pancakes Cereal
Monday - 11	Tuesday - 12	Wednesday - 13	Thursday - 14	Friday - 15
Staff Development No School for Students	Cinnamon Glazed French Toast Sticks Cereal	Ham and Cheese on a Croissant Cereal	Scrambled Egg Biscuit Cereal	Biscuit Gravy Cereal
Monday - 18	Tuesday - 19	Wednesday - 20	Thursday - 21	Friday - 22
Presidents' Day No School	Chicken Biscuit Cereal	Eggo Mini Waffles Cereal	Breakfast Sausage Pizza Cereal	Oatmeal Chicken Rings Cereal
Monday - 25	Tuesday - 26	Wednesday - 27	Thursday - 28	Friday - March 1
Sausage Breakfast Bites Cereal	Sausage Biscuit Cereal	Mini Honeybun Popcorn Chicken Cereal	Egg and Cheese Biscuit Cereal	Funnel Cake Waffle Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

- 1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)
- 1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met
- 1 cup Fruit daily (5 cups weekly)
- 1 cup Milk daily (5 cups per week)

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.