



HARDIN COUNTY SCHOOLS - ELEMENTARY BREAKFAST MENU

May 2019

4 oz. 100% Fruit Juice, 1/2 cup Fruit and 1/2 pint milk are offered each day.

Monday – April 29	Tuesday – April 30	Wednesday - 1	Thursday - 2	Friday - 3
Chicken Biscuit Cereal	Breakfast Sausage Pizza Cereal	Egg Patty and Cheese Biscuit Cereal	Eggo Mini Pancakes or Waffles Cereal	Oatmeal Chicken Rings Cereal
Monday - 6	Tuesday - 7	Wednesday - 8	Thursday – 9	Friday - 10
Cinnamon Glazed French Toast Sticks Cereal	Sausage Biscuit Cereal	Manager's Choice Cereal	Egg Patty and Cheese Biscuit Cereal	Manager's Choice Cereal
Monday - 13	Tuesday - 14	Wednesday - 15	Thursday - 16	Friday - 17
Biscuit Gravy Cereal	Ham and Cheese on a Croissant Cereal	Scrambled Egg Biscuit Cereal	Manager's Choice Cereal	Cinnamon Glazed French Toast Sticks Cereal
Monday - 20	Tuesday - 21	Wednesday - 22	Thursday - 23	Friday - 24
Manager's Choice Cereal	Manager's Choice Cereal	Egg Patty and Cheese Biscuit Cereal	Manager's Choice Cereal	Manager's Choice Cereal

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each day.

Breakfast Meal Pattern

- 1 oz. equivalent Grains/Breads daily (minimum 7 oz. eq. per week)
- 1 oz. Meat/Meat Alternate may be substituted for 1 oz. eq. Grain after daily minimum met
- 1 cup Fruit daily (5 cups weekly)
- 1 cup Milk daily (5 cups per week)

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

This institution is an equal opportunity provider.

