



HARDIN COUNTY SCHOOLS - PRESCHOOL BREAKFAST MENU

May 2019

		1/2 pint of Milk Offered Daily		
Monday – April 29	Tuesday – April 30	Wednesday - 1	Thursday - 2	Friday - 3
Breaded Chicken Patty Biscuit 100% Fruit Juice	Breakfast Sausage Pizza or Cereal Fruit	Egg Patty and Cheese Biscuit 100% Fruit Juice	Eggo Mini Pancakes or Waffles Fruit	Chicken Rings or Cereal 100% Fruit Juice
Monday - 6	Tuesday - 7	Wednesday - 8	Thursday - 9	Friday - 10
Cinnamon Glazed French Toast Sticks 100% Fruit Juice	Sausage Patty Biscuit Fruit	Manager's Choice 100% Fruit Juice	Egg Patty and Cheese Biscuit Fruit	Manager's Choice 100% Fruit Juice
Monday - 13	Tuesday - 14	Wednesday - 15	Thursday - 16	Friday - 17
Biscuit Gravy 100% Fruit Juice	Ham and Cheese on a Croissant Fruit	Scrambled Egg Biscuit 100% Fruit Juice	Manager's Choice Fruit	Cinnamon Glazed French Toast Sticks 100% Fruit Choice
Monday - 20	Tuesday - 21	Wednesday - 22	Thursday - 23	Friday – 24
Manager's Choice 100% Fruit Juice	Manager's Choice Fruit	Egg Patty and Cheese Biscuit 100% Fruit Juice	Manager's Choice Fruit	Manager's Choice 100% Fruit Juice

1/2 cup Fresh, Canned and/or Frozen Fruit will be offered each week on Tuesday and Thursday.

PK Breakfast Meal Pattern

1 oz. equivalent Grains/Breads daily (minimum 5 oz. eq. per week)

1 oz. Meat/Meat Alternate may be used to meet the entire grains requirement at maximum

1/2 cup Fruit daily (2 1/2 cups weekly)

6 fl. oz. Milk daily (3 3/4 cups minimum per week)

Milk Choices:

1/2 pint lowfat (1%) white milk

1/2 pint fat free (0%) white milk

This institution is an equal opportunity provider.

